

Sample Letter to the Editor



[Date]

Dear Editor,

The need for nonviolent conflict resolution is evident in the daily local, state and national news. The pervasiveness of violence is a complex problem; therefore, we need a comprehensive solution that includes ways to change attitudes and behaviors.

No Hit Zone programs provide this opportunity. The overall purpose of a No Hit Zone is to raise awareness and advocate for healthy relationships and safe environments across the lifespan through awareness, education and skill-building.

A No Hit Zone is an environment that supports a culture of safety and health where:

- No adult shall hit another adult
- No adult shall hit a child
- No child shall hit an adult
- No child shall hit another child

No Hit Zones reinforce a culture of safety, health and respect for children and adults. If we want to see a decrease in adult violence, then we need to teach our children nonviolent conflict resolution skills through early adult modeling, teaching and coaching. The skills our children learn early will provide the foundation for future interpersonal relationships and experiences. We all share the responsibility for promoting the well-being of children and adults in our community.

Violence prevention starts with all of us! Join a growing effort to designate your workplace, community and/or home as a No Hit Zone. Together, we can foster healthy kids and safer communities for people of all ages to grow and thrive.

Sincerely,

[Name and Title]

[Organization Name]

[Address and Telephone Number]

ThisIsANoHitZone.org